

Ipswich Cardinals

AMERICAN FOOTBALL

BECOME A CARDINAL!

COME & TRY DAYS 2018

SUNDAY 4TH NOVEMBER
& SUNDAY 11TH NOVEMBER

11 AM UNTIL 1 PM

OPEN TO ALL – 16 YEARS OLD UPWARDS



PLEASE BRING FOOTWEAR SUITABLE FOR ASTROTURF & GRASS SURFACES, CLOTHING SUITABLE FOR SPORTS AND DRINKING WATER.

JOIN SUFFOLK'S LONGEST ESTABLISHED
AMERICAN FOOTBALL CLUB

- ◆ CLUB ESTABLISHED IN 1985
- ◆ QUALITY COACHING FOR ALL ABILITIES
- ◆ NEW PLAYERS WELCOME (SENIOR & JUNIOR AGE GROUPS)
- ◆ PLAY THE ULTIMATE CONTACT SPORT
- ◆ PLAYERS OF ALL SIZES ARE WELCOME: WE CAN FIND YOU A SPOT ON OUR ROSTER!

VENUE: NORTHGATE STADIUM, SIDEGATE LANE WEST, IPSWICH, IP4 3DJ



FOR FURTHER INFORMATION:
WWW.IPSWICHCARDINALS.CO.UK


BRITISH
AMERICAN FOOTBALL